

**Lambert Titus K. Parker, MD**  
**Integrative Longevity Institute of Virginia**  
**129 W. Virginia Beach Blvd.**  
**Norfolk, VA 23510**  
**(757) 226-8880**

**EDUCATION**

**Pre-Medical School**

Wilmington College 1971 - 1972  
 Wilmington, Ohio  
 Honors Studies

Farleigh Dickinson University 1972 - 1976  
 Teaneck, New Jersey  
 Bachelor of Science

**Medical School:**

Universita' Degli Studi <<G. D'Annunzio>> 1978 - 1984  
 Facolta' di Medicina e Chirurgia  
 Chieti, Italy  
 Doctor in Medicine and Surgery  
 [Dottore In Medicina E Chirurgia]  
 E.C.F.M.G Certification: July 27, 1984  
 E.C.F.M.G #360-623-3  
 Flex Certification: December 1985  
 Flex # 540918026

**Post Graduate Education:**

Englewood Hospital  
 Englewood, New Jersey  
 Postgraduate Year I in medicine 1984 - 1985  
 Postgraduate Year II in medicine 1985 - 1986  
 Postgraduate Year III in medicine 1986 - 1987

**CERTIFICATIONS**

New Jersey License to Practice Medicine & Surgery: 1986  
 No. 47617 Inactive

New York License to Practice Medicine & Surgery 1987  
 No. 171884 Active

Commonwealth of Virginia to Practice Medicine & Surgery 2002  
 No. 01012328 Active DEA# BP0924666

Oxford Research Institute 2007  
 Molecular Modulation

Oxford Institute of Immunology 2008  
 Diploma Clinical Oncology

Diplomat in Anti-Aging Medicine Current

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Diplomat in Chelation Therapy	Current
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**PROFESSIONAL EXPERIENCE**

Full time in-patient and out-patient internal medicine practice with critical care, emergency room and long-term care privileges.	1987 - 2002
Director of Intensive Care Unit	1989 - 2001
Chairman, Committee for Thrombolytic Protocols	1990 - 2000
Medical Director for Schuyler Hospital Inc. and Schuyler Hospital Primary Care System	1992 - 2001
Trustee, Schuyler Hospital Board	1992 - 2001
IPRO Liaison at Schuyler Hospital [Peer Review Organization]	1990 - 2001
Founder and Director of Schuyler County AIDS Clinic	1990 - 1998
President, Schuyler Medical Society	1989 - 1992
Coroner, Schuyler County	1990 - 1991
Chief Coroner, Schuyler County	1991 - 1992
Chairman, Patient Care Committee of Schuyler Hospital	2000
MD for Schuyler County Public Health Dept.	1990 - 2002
MD Representative at County Legislature	1991 - 2002
Associate Professor of Medicine, SUNY	1990 - 2002
Director and Founder, "Systemic Health Optimization Program" [S.H.O.P] -Complementary hospital based program	1996 - 2002
Chief, Medicine Schuyler Hospital	2000 - 2002
President, Schuyler Hospital Medical Staff	2002
Director, Schuyler Hospital Home Care Department	1999 - 2002
	2003 - current

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President-Medical Director, Integrative Longevity Institute of Virginia

2013 - current

Education Collaborator and Medical Clearance Physician, Hampton Roads Hyperbaric Therapy

**TEACHING EXPERIENCE**

Medical Students from SUNY System

Allied Health Profession: Physician's Assistant and Nurse Practitioners

International College of Integrative Medicine (ICIM)

**MEDICAL ADVISORY BOARDS**

Life Extension Foundation

1996 - current

MD for Schuyler County Public Health Dept.

1990 - 2002

MD Representative, Schuyler County Legislature

1991 - 2002

**CURRENT PROFESSIONAL STATUS**

Founded Integrative Health Optimization and Longevity Center in Virginia Beach, Virginia

Developed Quality Assurance, Quality Improvement Systems and Protocols for Integrated and Complementary Medicine.

Consultant for Schuyler Hospital Integrative Medicine Program

Developing an Integrative Medicine Knowledge Base for Integrative Medicine

Retired from In-patient hospital based Internal Medicine  
Diplomat in Anti-Aging Medicine

Diplomat in Chelation Therapy